



# **Tooth Loss Condition and Social Discrimination in Brazilian Healthcare Services**

Alexandre F. Bulgarelli<sup>1,2\*</sup>, Camila M. dos Santos<sup>2</sup>, Rafaela S. Rech<sup>2</sup>, Alexandre Baumgarten<sup>2</sup> and Bárbara N. Goulart<sup>3</sup>

<sup>1</sup>Graduate Program in Collective Health, Federal University of Rio Grande do Sul, Porto Alegre, Brazil, <sup>2</sup>Department of Preventive and Social Dentistry, Faculty of Dentistry, Federal University of Rio Grande do Sul, Porto Alegre, Brazil, <sup>3</sup>Psychology Institute, Department of health and human communication, Universidade Federal do Rio Grande do Sul, Porto Alegre, Brazil

**Objective:** To explore factors associated with social discrimination against users of health services regarding dental aesthetic conditions.

**Methods:** Based on a Brazilian National Survey, multivariate Poisson regressions with robust variance were used to explore the association of outcome discrimination related to different motivations in health services and exposure to sociodemographic and dental variables. Effect modification by complete prosthesis wearing was assessed.

**Results:** Among the 60,200 people interviewed, 11.5% reported being discriminated against in health services. For women, a higher prevalence of discrimination was found among those in the age group of 30–44 years. For both sexes, discrimination was associated with black and brown skin color. Regarding dental characteristics, the higher the tooth loss was, the higher the prevalence of discrimination; however, complete prosthesis wearing presented as a protective factor. Social discrimination was the major motivation for reported discrimination and presented higher prevalence in edentulous individuals who did not wear prosthesis.

### OPEN ACCESS

#### Edited by:

Carlos Emanuel Rodriguez-Diaz, George Washington University, United States

I.JPH

SSPH+

#### \*Correspondence:

Alexandre F. Bulgarelli alexandre.bulgarelli@ufrgs.br

Received: 23 July 2020 Accepted: 24 February 2021 Published: 12 March 2021

#### Citation:

Bulgarelli AF, dos Santos CM, Rech RS, Baumgarten A and Goulart BN (2021) Tooth Loss Condition and Social Discrimination in Brazilian Healthcare Services. Int J Public Health 66:586597. doi: 10.3389/ijph.2021.586597 **Conclusion:** Dental loss may lead to self-reported discrimination in health care services. The prevalence of discrimination increases when tooth loss increases, and the major reason associated is social discrimination.

Keywords: prejudice, health services, cross-sectional studies, esthetics, dental, oral health, dental public health

# INTRODUCTION

Worldwide, people face multiple forms of discrimination and prejudice, and the discrimination users of public healthcare services have been facing recently represents an important concern (1, 2). This phenomenon can be understood as exposure to a social experience that leads a person to sense a discriminatory effect and face stressor conditions (1). Furthermore, social discrimination may be a trigger point for judgment through stereotyping, leading to individualization, prejudice and segregation (1).

These factors are important concerns to be analyzed, particularly for individuals who are already vulnerable, such as dependent older persons and those who need healthcare (2–4). Social discrimination can be perceived as any manifestation of prejudice regarding an explicit dissociation of judgment or an implicit prejudice towards someone (5). Such prejudice, found

1

worldwide, is usually expressed through consultation delays, negligence of communication, refusal of treatment, unfriendly attitude towards a patient, and even harassment (5). Unequal health treatment regarding racial and ethnic conditions is a manifestation of discrimination. Some health systems, healthcare providers and healthcare plan managers contribute to this form of discrimination (6). In addition, implicit discrimination can be manifested by pejorative ways of communication or non-verbal behavior, such as no eye contact or physical proximity during patient assistance and consultation (4). The perceptions of discrimination regarding healthcare assistance might be different in diverse cultures and countries. There is a consensus that stereotyping by health services is an attitude of discrimination in any culture and is unacceptable (6).

Determinants of social discrimination during healthcare assistance may be associated with a variety of situations regarding patient characteristics, such as economic vulnerability, obesity, skin color, sex, age, poor dental appearance, and sexual orientation (2, 4, 7, 8). All these assumptions reflect patients' negative expectations towards healthcare assistance, represent discriminatory health care treatment and have a long-term impact on patients' health (9, 10). Understanding the association between health care utilization and possible discrimination at any health service is important to support the design of policies focusing on disparities in health services access (11).

Dental aesthetic conditions and user appearance may lead to discrimination in healthcare services (12). Even though it is a particularly important concern to be discussed, studies regarding self-reported discrimination in healthcare services and patient dental aesthetic conditions are still scarce (2, 3, 8, 12). Studies report that poor oral health conditions are commonly perceived as a problem for vulnerable people. Poverty, socioeconomic disadvantages, race, and social disparities suggest a potential for discrimination regarding dental appearance and conditions and access to healthcare services (8, 13–15). Furthermore, having bad teeth or a missing tooth can be a stressor condition regarding social discrimination. For instance, older adults with severe tooth loss have lack of functional dentition (16), and this can be understood as a condition of vulnerability. The social perception of a bad dental appearance leads a person with a missing tooth to experience negative feelings about himself or herself, and this may cause psychological distress (8). This is an important issue from a clinical perspective. In regard to this concern from a clinical perspective, patients with chronic conditions who experience a discriminatory situation reduce their engagement with the healthcare system (17).

Under this background, the research question of the present study is the following: Are patients' dental aesthetic conditions, such as lack of teeth and use of a prosthesis, possibly associated with social discrimination in healthcare services? This research question was enriched by another question: Do patient characteristics, such as sex, social vulnerability and age, motivate discrimination in a health services? To investigate these issues, the present study aims to analyze social discrimination in terms of the motivation perceived by users of health services in Brazil regarding dental aesthetic conditions.

# METHODS

# **Data Collection and Study Sample**

This is a population-based cross-sectional study, developed to analyze self-reported positive discrimination and based on data from an epidemiological household survey across Brazil. This study used part of the data collected by the Brazilian National Health Survey (PNS) that was conducted between August 2013 and February 2014 by the Ministry of Health in partnership with the Brazilian Institute of Geography and Statistics (IBGE). The PNS was specifically designed to gather information on several aspects of health (18). Since this study uses self-reported data, the PNS was supported by a Patient-Reported Outcomes Measures (PROM) perspective and properly assembled instruments. This allowed the generation of data providing information on patient satisfaction, the impact of received treatment and reliable patient perceptions (19, 20).

The PNS sample design was organized using multi-stage clustering. In each stage, units were selected by simple random sampling. In the first stage, the census tracts were the primary sampling units. Special census tracts (barracks, military bases, lodges, camps, boats, penitentiaries, penal colonies, prisons, chains, asylums, orphanages, convents, hospitals, indigenous villages and census tracts located in indigenous lands) were excluded from the survey. In the second stage, 10 to 14 households were selected in each primary sampling unit. Lastly, in the third selection stage, one resident aged 18 years or over, and able to respond, was selected.

To calculate the sample size of the PNS, the following aspects were considered: estimation of proportions with the desired level of precision in 95% confidence intervals; the effect of the sampling plan, which was multi-stage clustered sampling; the number of households selected in each census tract; and the proportion of households with people in the age group of interest. The sample size calculation resulted in 79,875 households. Mean values, variances, and sample design effects were taken into consideration in the calculation, predicting a non-response rate of 20%. The following losses were considered: closed or empty domicile; the refusal of the residents to respond; and inability to interview the resident after three or more attempts, even with scheduled visits. Given that the PNS has a complex sampling design and unequal selection probabilities, sampling weights for households and their residents were calculated as the product of the weight of the corresponding primary sampling unit and the inverse of the probability of selection of the household within the primary sampling unit. The researchers adjusted the weights to correct for non-response and to calibrate the estimates to total populations known from other sources. The final weight of the selected residents was calculated as the product of the weight of the household and the number of eligible residents in the household. Details of the sampling plan and of other methodological aspects have been published elsewhere (21). This study analyzed the information of 60,200 individuals aged between 18 and 65 years.

For data collection, external evaluators were selected and uniformly trained by means of a field manual. The data collection was carried out between August 2013 and February 2014, using personal digital assistants, each containing an app with a previously tested and standardized instrument. The PNS project was approved by the National Research Ethics Commission (CONEP) under protocol number 10853812.7.0000.0008, on June 26, 2013. All participants signed the informed consent form.

### Measures

The PNS questionnaire was divided into three parts: household composition; information related to all the household residents; and individual information. The topics covered in each part of the PNS questionnaire have been published elsewhere (18).

All variables used in this study were self-reported. The outcome was created from a variable used to evaluate experiences of discrimination related to health services, based on the following question: "Have you ever felt discriminated against by a physician or another health professional, or have you received worse treatment than others in the healthcare services, regarding one of these reasons?" With yes or no response options, the motivations for discrimination were: Social status (Lack of money, Low social class, Type of occupation), Racial status (Race/ color), Type of disease (visually identified), Sex, Age and others (Sexual preference, Religion/belief, any other).

The sociodemographic section included: I) sex (male and female); II) age (in years, categorized in groups from 18–29; 30–44; 45–64; >65); III) color/race (white, brown, black, yellow and indigenous); IV) marital status (married/living together, separated, widowed, single); V) education (illiterate, elementary education or high school, university or postgraduate).

The questionnaire included a module on dental characteristics. This included the self-reported number of upper and lower teeth, which were investigated by the following question: "Regarding your upper (lower) teeth, have you lost any?" The response options were "No," "Yes, I lost all my upper (lower) teeth," "Yes, I lost some teeth." In the case of the last response, the interviewee was asked the number of missing teeth, with answer options from 1 to 15. Data on the use of complete upper and lower prostheses were also collected, using the question "Do you use any type of dental prosthesis (artificial tooth)?"

# **Statistical Analyses**

Analyses of the absolute and relative frequencies were conducted. The statistical analysis evaluated the association between discrimination in health services, discrimination motivation and sociodemographic and dental variables by means of the chi-square test for linear trends in cases of ordinal variables or heterogeneity in case of categorical variables. The analysis was performed by means of Poisson regression with robust variance to obtain the crude and adjusted estimates of prevalence Ratios (PR) and their respective 95% confidence intervals (CI). The adjusted model included all sociodemographic and dental variables. The analyses were carried out using SPSS v.21 software (Chicago: SPSS Inc.).

# RESULTS

A total of 60,200 subjects were interviewed. The non-response rate of the overall survey of participants was 8.1%. The majority of the participants of the PNS study were female (34,280; 56.9%), in the 30–44 age group (20,242; 33.6%), brown (29,511; 49%), single (27,026; 44.9%) and with elementary or secondary education (45,737; 76.0%). Regarding oral health conditions, most of the respondents had all the teeth in the upper arch (22,376; 37.2%) and had lost from one to four teeth in the lower arch (24,962; 41.5%). The prevalence of self-reported discrimination in health services (the outcome) was 11.5%.

When stratified by the study outcome (discrimination in health services), it was observed that the most individuals who self-reported experiencing discrimination were women (4,228; 12.3%), in the 30–44 age group (2,591; 12.8%), black (778; 13.8%), marital status separated (666; 14.1%), and illiterate (753; 12.8%). Regarding oral health conditions, individuals with dental loss in the upper arch had lost 9–15 teeth (334; 13.9%), and those with dental loss in the lower arch had lost five to eight teeth (648; 14.1%). All sociodemographic variables and dental characteristics are significantly associated with discrimination in health services (p < 0.001) (**Table 1**).

Table 2 presents an adjusted analysis regarding discrimination in health services and social and dental characteristics separated by sex. Women presented a higher prevalence of discrimination in the age range between 30 and 44 years (PR = 1.09, 95% CI 1.01–1.18), with brown color/race (PR = 1.09, 95% CI 1.02–1.16), with black color/race (RP = 1.32, 95% CI 1.20-1.46), with an indigenous background (PR = 1.61, 95%, C, 1.25-2.09), and with separated marital status (PR = 1.31, 95% CI 1.19–1.44). Regarding dental characteristics, the higher the tooth loss in the upper arch was, the higher the prevalence of discrimination was: one to four lost teeth (PR = 1.43, 95% CI 1.27-1.62), five to eight lost teeth (PR = 1.75, 95% CI, 1.28–2.39), 9–15 lost teeth (RP = 1.91, 95% CI 1.01-3.14) and lost teeth without dental prosthesis (PR = 2.41, 95% CI 1.18-4.92). In the lower arch, there was a higher prevalence of discrimination in women with one to four lost teeth (PR = 1.53, 95% CI 1.38-1.70) and with five to eight lost teeth (PR = 1.65, 95% CI 1.07-2.79). On the other hand, a protective factor regarding the prevalence of discrimination was observed with the increase in age and in schooling. For men, a higher prevalence of discrimination was found in those with brown color/race (PR = 1.18, 95% CI 1.09-1.29) and black color/race (RP = 1.24, 95% CI 1.10-1.41), as well as in those with higher tooth loss in the upper arch: one to four lost teeth (PR = 1.36, 95% CI 1.17-1.57), five to eight lost teeth (PR = 1.40, 95% CI, 1.16-1.77), 9-15 lost teeth (RP = 2.18, 95% CI 1.25-3.82) and with lost teeth without dental prosthesis (PR = 3.56, 95% CI 1.48-8.60). In the lower arch, there was a higher prevalence of discrimination in men with one to four lost teeth (PR = 1.41, 95%CI 1.24–1.61) and with five to eight lost teeth (PR = 1.40, 95% CI 1.16-1.77).

The proportion of respondents experiencing discrimination in health services due to dental appearance when stratified by motivation shows that there was a significant association between the number of teeth in the upper arch and the

#### TABLE 1 | Proportion of discrimination in health services by sociodemographics and dental characteristics.

Characteristics		Discriminated in health services								
		Total	Y	'es		<i>p</i> -value <sup>a</sup>				
			%	n	%	n				
Sex	Male	25,920	10.5	2,710	89.5	23,210	<0.001			
	Female	34,280	12.3	4,228	87.7	30,052				
Age	18–29	14,320	10.3	1,473	89.7	12,847	< 0.001			
	30–44	20,242	12.8	2,591	87.2	17,651				
	45–64	17,926	12.2	2,193	87.8	15,733				
	<65	7,712	8.8	681	91.2	7,031				
Color/Race	White	24,105	10.1	2,434	89.9	21,671	< 0.001			
	Brown	29,511	12.2	3,595	87.8	25,916				
	Black	5,631	13.8	778	86.2	4,853				
	Yellow	533	11.4	61	88.6	472				
	Indigenous	420	16.7	70	83.3	350				
Marital status	Married/living together	23,739	11.2	2,650	88.8	21,089	< 0.001			
	Separate	4,727	14.1	666	85.9	4,061				
	Widowed	4,708	10.1	477	89.9	4,231				
	Single	27,026	11.6	3,145	88.4	23,881				
Education	Illiterate	5,867	12.8	753	87.2	5,114	< 0.001			
	Elementary education or high school	45,737	11.7	5,351	88.3	40,386				
	University or postgraduate	8,596	9.7	834	90.3	7,762				
Upper number of teeth	All teeth	22,376	9.6	2,148	90.4	20,228	< 0.001			
	1–4 lost teeth	20,197	12.8	2,577	87.2	17,620				
	5–8 lost teeth	4,204	13.7	574	86.3	3,630				
	9–15 lost teeth	2,403	13.9	334	86.1	2,069				
	Edentulous without prosthesis	2,012	11.8	237	88.2	1,775				
	Complete prosthesis wearing	9,008	11.9	1,068	88.1	7,940				
Lower number of teeth	All teeth	21,115	9.2	1,940	90.8	19,175	< 0.001			
	1-4 lost teeth	24,962	13.0	3,238	87.0	21,724				
	5–8 lost teeth	4,598	14.1	648	85.9	3,950				
	9–15 lost teeth	2,559	13.6	349	86.4	2,210				
	Edentulous without prosthesis	1,872	10.8	203	89.2	1,669				
	Complete prosthesis wearing	5,094	11.0	560	89.0	4,534				
Total	1	60,200	11.5	6,938	88.5	53,262				

Brazil, 2019.

<sup>a</sup>Chi-square test.

number of teeth in the lower arch with social status (p < 0.001), type of disease (p < 0.001), age (p < 0.001) and others, namely, sexual preference (p = 0.005) and religion (p < 0.001) (**Table 3**).

As shown in **Table 4**, there was a higher prevalence of discrimination associated with tooth loss in both the upper and lower arches in all categories observed motivated by social reasons than by other motivations. However, it should be noted that the results for all motivations follow the same direction. There was a higher prevalence of socially-motivated discrimination in edentulous individuals who had tooth loss in the upper arch and who did not wear prostheses (PR = 3.71, CI 95% 2.02–6.79) and in individuals with five to eight lost teeth in the lower arch (PR = 1.93, IC 95% 1.22–3.07).

# DISCUSSION

This is an original nationwide study that evidenced the existence of social discrimination regarding dental aesthetic conditions based on self-reported information by users of health services in Brazil. The results of this study reveal a type of discrimination in Brazilian culture and identify an association between tooth loss and the self-perception of discrimination in health services. This finding means that the absence of any tooth can create an atmosphere that leads the patient to sense discrimination. Higher self-reported social discrimination was associated with independent variables such as color/race, sex, and illiteracy. In other words, there is a higher prevalence of discrimination towards young black women and those who are illiterate. Added to this, discrimination within the healthcare services affects people who are socially disadvantaged due to ethnicity, immigration status, and religion (22). It is important to highlight that social discrimination is a significant contributor to negative health outcomes regarding minority populations (23) and that the use of dental services is higher among individuals with higher income (24).

This is the first national study in Brazil that considers the association between tooth loss condition and social discrimination when accessing the public health system. This is an original study that reveals important social factors that may lead to discrimination when individuals are seeking health assistance. Studies have shown important factors that lead to discrimination. Self-reported racism and lack of money to pay for dental treatment were described by Australian aboriginal women TABLE 2 Unadjusted and adjusted analysis by Poisson Regression (PR) between discrimination in health services and social and dental characteristics, separeted by sex.

Characteristics			Male	Female			
		Adju	usted <sup>a</sup> PR	Adju	usted <sup>a</sup> PR		
		PR	95% CI	PR	95% CI		
Age	18–29	1	_	1	_		
	30–44	1.07	0.95-1.18	1.09	1.01–1.18		
	45–64	0.85	0.75-0.96	0.91	0.82-1.01		
	<65	0.65	0.54-0.77	0.61	0.53-0.71		
Color/race	White	1	-	1	_		
	Brown	1.18	1.09-1.29	1.09	1.02-1.16		
	Black	1.24	1.10-1.41	1.32	1.20-1.46		
	Yellow	0.82	0.50-1.34	1.24	0.95-1.63		
	Indigenous	1.23	0.82-1.84	1.61	1.25-2.09		
Marital status	Married/living together	1	-	1	_		
	Separate	1.11	0.97-1.28	1.31	1.19–1.44		
	Widowed	1.02	0.83-1.26	0.97	0.87-1.09		
	Single	0.98	0.91-1.07	1.03	0.96-1.10		
Education	Illiterate	1	-	1	_		
	Elementary education or high school	0.88	0.78-0.98	0.96	0.86-1.06		
	University or postgraduate	0.79	0.67-0.92	0.86	0.78-0.99		
Currently smoking	No	1	_	1	_		
	Yes	1.14	1.04-1.24	1.26	1.16–1.37		
Upper number of teeth	All teeth	1	-	1	_		
	1-4 lost teeth	1.36	1.17-1.57	1.43	1.27-1.62		
	5–8 lost teeth	1.40	1.16-1.77	1.75	1.28-2.39		
	9–15 lost teeth	2.18	1.25-3.82	1.91	1.01–3.14		
	Edentulous without prosthesis	3.56	1.48-8.60	2.41	1.18-4.92		
	Complete prosthesis wearing	1.36	0.82-2.25	1.26	0.86–1.89		
Lower number of teeth	All teeth	1	_	1	_		
	1-4 lost teeth	1.41	1.24-1.61	1.53	1.38–1.70		
	5–8 lost teeth	2.10	1.19-3.72	1.65	1.07-2.79		
	9–15 lost teeth	2.20	0.39-12.4	1.48	0.23-9.36		
	Edentulous without prosthesis	1.68	0.48-6.43	3.99	0.40-8.42		
	Complete prosthesis wearing	2.97	0.59-14.3	1.80	0.66-4.83		

Brazil, 2019. PR, Prevalence Ratio.

<sup>a</sup>All variables in the table included in the adjusted model.

as associated with toothache experiences (25). Patient skin color may influence the dentist to choose a simpler procedure (26). It is important to show that socioeconomic disparities create a collective experience of discrimination in many venues, including in healthcare services (27, 28). In addition, exclusionary treatment reflects limited healthcare services accessibility (29). From another perspective, one study found no difference between male and female smokers regarding dental appearance and social discrimination in healthcare services (12).

Tooth loss, edentulism (16), dental problems, and necessity of dental prosthesis are still major problems in Latin American countries, such as Brazil. Dental condition is directly associated with quality of life and social discrimination in healthcare services (12, 30, 31). Social discrimination associated with facial aesthetic conditions has been widely described in the literature (8, 32, 33). The present study brings up the discussion about the influence of tooth loss and the use of prosthesis on the presence of discrimination in health services. Social judgments are sometimes influenced by dental appearance, which means that the appearance of tooth loss and decay are triggers of discrimination (34).

This corroborates the present study findings that the more teeth a person has lost, the higher the chance of being discriminated against in health services.

In addition, recent studies support the idea that discrimination in healthcare services is common (7, 12) and can be considered a public health problem because persons who report discrimination may be less likely to receive preventive health services (35). In this context, it is important to highlight the present results that tooth loss implies a greater prevalence of discrimination. This may happen because of stereotyping in regard to a poor dental appearance (1, 8). Reference 36 demonstrated that edentulous individuals showed a 73% higher probability of not visiting the dentist than individuals who had 10 or more teeth. The present study found that there was a higher prevalence of social discrimination in edentulous individuals who did not wear a prosthesis in the upper arch. However, in edentulous individuals who wore dental prostheses, the use of the prostheses was a protective factor for the studied outcome. These findings have been confirmed in the literature because a prosthesis can nearly replace the facial appearance and minimize the effects of tooth loss by improving interpersonal relationships (37, 38). These results indicate that the dental prosthesis is a strong factor

#### TABLE 3 Proportion of discrimination in health services by dental appearance, stratified by motivation.

Dental		Racial		Social status		Type of disease		Sex		Age		Others	
characteristic		Yes n (%)	<i>p</i> -value <sup>a</sup>	Yes n (%)	<i>p</i> -value <sup>a</sup>	Yes n (%)	<i>p</i> -value <sup>a</sup>	Yes n (%)	<i>p</i> -value <sup>a</sup>	Yes n (%)	<i>p</i> -value <sup>a</sup>	Yes n (%)	<i>p</i> -value <sup>a</sup>
Upper number of teeth	All teeth	330 (1.5)	<0.001	1,510 (6.7)	<0.001	294 (1.3)	<0.001	101 (0.5)	0.707	193 (0.9)	<0.001	536 (2.4)	0.005
	1-4 lost teeth	442 (2.2)		1968 (9.7)		358 (1.8)		75 (0.4)		274 (1.4)		550 (2.7)	
	5-8 lost teeth	111 (2.6)		446 (10.6)		112 (2.7)		18 (0.4)		88 (2.1)		97 (2.3)	
	9–15 lost teeth	39 (1.6)		243 (10.1)		67 (2.8)		8 (0.3)		53 (2.2)		67 (2.8)	
	Edentulous <sup>b</sup>	36 (1.8)		160 (8.0)		59 (2.9)		8 (0.4)		60 (3.0)		44 (2.2)	
	Prosthesis <sup>c</sup>	103 (1.1)		773 (8.6)		175 (1.9)		31 (0.3)		243 (2.7)		179 (2.0)	
Lower number of teeth	All teeth	315 (1.5)	<0.001	1,375 (6.5)	<0.001	256 (1.2)	<0.001	84 (0.4)	0.689	195 (0.9)	<0.001	455 (2.2)	<0.001
	1-4 lost teeth	528 (2.1)		2,461 (9.9)		475 (1.9)		108 (0.4)		334 (1.3)		713 (2.9)	
	5–8 lost teeth	103 (2.2)		488 (10.6)		128 (2.8)		20 (0.4)		107 (2.3)		122 (2.7)	
	9–15 lost teeth	34 (1.3)		249 (9.7)		68 (2.7)		7 (0.3)		65 (2.5)		58 (2.3)	
	Edentulous <sup>b</sup>	30 (1.6)		136 (7.3)		52 (2.8)		6 (0.3)		66 (3.5)		40 (2.1)	
	Prosthesis <sup>c</sup>	51 (1.0)		391 (7.7)		86 (1.7)		16 (0.3)		144 (2.8)		85 (1.7)	
Total		1,061		5,100		1,065		241		911		1,473	
		(1.8)		(8.5)		(1.8)		(0.4)		(1.5)		(2.4)	

Brazil, 2019; Others = Sexual preferences and religion.

<sup>a</sup>Chi-square test.

<sup>b</sup>Edentulous without prosthesis.

<sup>c</sup>Complete prosthesis wearing.

TABLE 4   Prevalence ratio (PR) of reporting discrimination in health services by dental appearance, stratified by motivation.													
Dental characteristic		Racial		Social status		Type of disease		Sex		Age		Others	
		PR	95% CI	PR	95% CI	PR	95% CI	PR	95% CI	PR	95% CI	PR	95% CI
Upper number of teeth	All teeth	1	_	1	_	1	_	1	_	1	_	1	_
	1-4 lost teeth	1.26	1.07-1.48	1.56	1.39–1.74	1.10	0.92-1.32	0.76	0.53–1.08	1.39	1.23-1.72	1.06	0.92-1.21
	5–8 lost teeth	1.46	1.13–1.87	1.65	1.21-2.26	1.45	1.12–1.88	0.90	0.4-1.65	1.63	1.21-2.20	0.95	0.74-1.22
	9–15 lost teeth	0.99	0.68-1.46	1.97	1.19–3.26	1.46	1.05-2.02	0.84	0.36–1.96	1.42	0.97-2.08	1.29	0.95–1.75
	Edentulous <sup>a</sup>	1.11	0.70-1.75	3.71	2.02-6.79	1.49	1.04-2.13	1.15	0.45-2.96	1.45	0.97-2.16	1.15	0.78–1.67
	Prosthesis <sup>b</sup>	0.88	0.63-1.23	1.50	1.05-2.14	1.21	0.90-1.62	0.89	0.45-1.77	1.50	1.08-2.08	1.05	0.80–1.38
Lower number of teeth	All teeth	1	_	1	_	1	_	1	_	1	_	1	_
	1-4 lost teeth	1.15	0.98–1.34	1.59	1.45–1.76	1.39	1.27-1.66	1.17	0.83–1.64	1.17	0.96-1.42	1.38	1.21-1.57
	5–8 lost teeth	1.27	0.98-1.65	1.93	1.22-3.07	1.77	1.36-2.30	1.21	0.64-2.30	1.34	1.01-1.81	1.50	1.16-1.92
	9–15 lost teeth	0.90	0.60-1.36	2.68	0.76–9.45	1.66	1.18–2.34	0.77	0.30-2.00	1.28	0.89–1.83	1.33	0.95–1.87
	Edentulous <sup>a</sup>	1.19	0.73–1.93	1.52	0.24-9.46	1.82	1.24-2.66	0.88	0.32-2.46	1.46	0.99–2.17	1.60	1.07-2.38
	Prosthesis <sup>b</sup>	0.92	0.60-1.40	1.48	0.41–5.31	1.27	0.88–1.82	0.89	0.40–1.98	1.19	0.84–1.69	1.16	0.82–1.63

Brazil, 2019,

<sup>a</sup>Edentulous without prosthesis.

<sup>b</sup>Complete prosthesis wearing.

influencing discrimination in healthcare services. Therefore, discriminatory practices may be based on characteristics, such as physical appearance (2).

An important limitation of this study is the measurement of discrimination, since studies should prioritize the definition of a construct map and the simultaneous evaluation of different levels and motivations in the occurrence of discrimination. The joint exploration of these aspects would provide a broader understanding of discriminatory patterns and their consequences for health, thus increasing our ability to reduce their occurrence in society.

This study has several advantages and strengths. The main strength includes its relevant social proposal regarding aspects of oral health. Furthermore, it presents the originality of exploring the association between tooth loss and prejudice, and it adopts a nationally representative sample of health service users. Additional research is needed to investigate the specific reasons for why users perceive discrimination in healthcare services. With these limitations and strengths, this study offers important findings supporting the conclusion that social discrimination associated with the number of teeth and dental prosthesis wearing is a reality in Brazil and needs to be deeply investigated to promote good oral health possible for everyone.

### DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author.

# ETHICS STATEMENT

Ethical approval - approved by the National Research Ethics Commission (CONEP) under the number protocol number 10853812.7.0000.0008. No patients were involved in this study.

### REFERENCES

- Bodenhausen GV, Macrae CN, and Sherman JW. On the dialectics of discrimination: dual processes in social stereotyping. UC Davis (2016) 1(6): 271–90.
- Baumgarten A, Peron TB, Bastos JL, Toassi RFC, Hilgert JB, Hugo FN, et al. Experiences of health service-related discrimination: exploratory analysis in two Southern Brazilian State capitals. *Epidemiol Serv Saúde* (2015) 24(3):353–62. doi:10.5123/S1679-49742015000300002
- Boccolini CS, Boccolini P de M, Damacena GN, Ferreira AP, and Szwarcwald CL. Factors associated with perceived discrimination in health services of Brazil: Results of the Brazilian National Health Survey, 2013. *Cien Saude Colet* (2016) 21(2):371–8. doi:10.1590/1413-81232015212.19412015
- FitzGerald C, and Hurst S. Implicit bias in healthcare professionals: a systematic review. BMC Med Ethics (2017) 18(1):19–22. doi:10.1186/s12910-017-0179-8
- European Union Agency for Fundamental Rights. *Inequalities and multiple discrimination in access to and quality of healthcare*. Luxembourg, Europe: European Union Agency for Fundamental Rights (2013) 124.
- Nelson A. Unequal treatment: confronting racial and ethnic disparities in health care. J Natl Med Assoc (2002) 94(8):666–8. doi:10.5860/choice.40-5843
- Rogers SE, Thrasher AD, Miao Y, Boscardin WJ, and Smith AK. Discrimination in healthcare settings is associated with disability in older adults: health and retirement study, 2008-2012. J Gen Intern Med (2015) 30:1413–20. doi:10.1007/ s11606-015-3233-6
- Moeller J, Singhal S, Al-Dajani M, Gomaa N, and Quiñonez C. Assessing the relationship between dental appearance and the potential for discrimination in Ontario, Canada. SSM Popul Health (2015) 1:26–31. doi:10.1016/j.ssmph.2015. 11.001
- Hausmann LR, Hannon MJ, Kresevic DM, Hanusa BH, Kwoh CK, and Ibrahim SA. Impact of perceived discrimination in healthcare on patient-provider communication. *Med Care* (2011) 49(7):626–33. doi:10.1097/MLR. 0b013e318215d93c
- Lewis TT, Cogburn CD, and Williams DR. Self-reported experiences of discrimination and health: scientific advances, ongoing controversies, and emerging issues. Annu Rev Clin Psychol (2015) 11:407–40. doi:10.1146/ annurev-clinpsy-032814-112728

The study was based on face to face surveys conducted by Statisticians from Brazilian Ministry of Health.

# **AUTHOR CONTRIBUTIONS**

As contribution of the authors: All authors participated effectively in all the processes to be included: conception, planning, analysis, interpretation and writing of the work, interpretation and writing of the work. All authors approved the final version sent.

# **CONFLICT OF INTEREST**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

### ACKNOWLEDGMENTS

The authors would like to thank the Center for Social Dentistry Research/CPOS for the support to the development of this research.

- Skosireva A, O'Campo P, Zerger S, Chambers C, Gapka S, and Stergiopoulos V. Different faces of discrimination: perceived discrimination among homeless adults with mental illness in healthcare settings. *BMC Health Serv Res* (2014) 14:376. doi:10.1186/1472-6963-14-376
- Baumgarten A, Bastos JL, Toassi RFC, Hilgert JB, Hugo FN, and Celeste RK. Discrimination, gender and self-reported aesthetic problems among Brazilian Adults. *Community Dent Oral Epidemiol* (2018) 46(1):24–9. doi:10.1111/cdoe. 12324
- Cabral ED, Caldas Ade F, Jr., and Cabral HA. Influence of the patient's race on the dentist's decision to extract or retain a decayed tooth. *Community Dent Oral Epidemiol* (2005) 33(6):461–6. doi:10.1111/j.1600-0528.2005. 00255.x
- Wamala S, Merlo J, and Boström G. Inequity in access to dental care services explains current socioeconomic disparities in oral health: the Swedish National Surveys of Public Health 2004-2005. *J Epidemiol Community Health* (2006) 60: 1027–33. doi:10.1136/jech.2006.046896
- Petersen PE, and Kwan S. Equity, social determinants and public health programmes-the case of oral health. *Community Dent Oral Epidemiol* (2011) 39(6):481-7. doi:10.1111/j.1600-0528.2011.00623.x
- Ribeiro CG, Cascaes AM, Silva AE, Seerig LM, Nascimento GG, and Demarco FF. Edentulism, severe tooth loss and lack of functional dentition in elders: a study in Southern Brazil. *Braz Dent J* (2016) 27(3):345–52. doi:10.1590/0103-6440201600670
- Nguyen TT, Vable AM, Glymour MM, and Nuru-Jeter A. Trends for reported discrimination in health care in a national sample of older adults with chronic conditions. J Gen Intern Med (2018) 33(3):291–97. doi:10.1007/s11606-017-4209-5
- Damacena GN, Szwarcwald CL, Malta DC, Borges de Souza PR, Jr., Maria Vieira LFP, Pereira CA, et al. The development of the National Health Survey in Brazil, 2013. *Epidemiol Serv Saúde* (2015) 24:197–206. doi:10.5123/S1679-49742015000200002
- Weldring T, and Smith SM. Patient-reported outcomes (PROs) and patientreported outcome measures (PROMs). *Health Serv Insights* (2013) 6(8):61–8. doi:10.4137/HSI.S11093
- Jokstad A. Patient-reported outcomes (PROs) versus patient-reported outcome measures (PROMs)-Is there a difference? *Clin Exp Dent Res* (2018) 4(3):61–2. doi:10.1002/cre2.112

- Souza-Júnior PRB, Freitas MPS, Antonaci GA, and Szwarcwald CL. Sampling design for the National Health Survey, Brazil 2013. *Epidemiol Serv Saúde* (2015) 24:207–16. doi:10.5123/S1679-49742015000200003
- Rivenbark JG, and Ichou M. Discrimination in healthcare as a barrier to care: experiences of socially disadvantaged populations in France from a nationally representative survey. *BMC Public Health* (2020) 20(1):31. doi:10.1186/ s12889-019-8124-z
- 23. D'Anna LH, Hansen M, Mull B, Canjura C, Lee E, and Sumstine S. Social discrimination and health care: a multidimensional framework of experiences among a low-income multiethnic sample. *Soc Work Public Health* (2018) 33(3):187–201. doi:10.1080/19371918.2018.1434584
- Piotrowska DE, Jankowska D, Huzarska D, Szpak AS, and Pędziński B. Socioeconomic inequalities in use and non-use of dental services in Poland. *Int J Publ Health* (2020) 1–11. doi:10.1007/s00038-020-01379-2
- 25. Ben J, Paradies Y, Priest N, Parker EJ, Roberts-Thomson KF, Lawrence HP, et al. Self-reported racism and experience of toothache among pregnant Aboriginal Australians: the role of perceived stress, sense of control, and social support. J Public Health Dent (2014) 74:301–9. doi:10.1111/jphd.12059
- 26. Chisini LA, Noronha TG, Ramos EC, dos Santos-Junior RB, Sampaio KH, Faria-E-Silva AL, et al. Does the skin color of patients influence the treatment decision-making of dentists? a randomized questionnaire-based study. *Clin Oral Invest* (2019) 23(3):1023–30. doi:10.1007/s00784-018-2526-7
- Durey A, McAullay D, Gibson B, and Slack-Smith L. Aboriginal health worker perceptions of oral health: a qualitative study in Perth, Western Australia. *Int J Equity Health* (2016) 15:4. doi:10.1186/s12939-016-0299-7
- Durey A, Bessarab D, and Slack-Smith L. The mouth as a site of structural inequalities; the experience of Aboriginal Australians. *Community Dent Health* (2016) 33:161–3. doi:10.1922/CDH\_3717Durey03
- Fleming PJ, Villa-Torres L, Taboada A, Richards C, and Barrington C. Marginalisation, discrimination and the health of Latino immigrant day labourers in a central North Carolina community. *Health Soc Care Community* (2017) 25(2):527–7. doi:10.1111/hsc.12338
- Campos MR, Carvalho PSP, Moura WVB, Moura PMMM, and Vasconcelos MO. Oral health-related quality of life in Brazilian patients wearing three types of lower dentures: psychosocial and clinical aspects. *Res Health Sci* (2017) 2: 279–90. doi:10.22158/rhs.v2n3p279

- 31. Azevedo JS, Azevedo MS, Oliveira LJC, Correa MB, and Demarco FF. Needs for dental prostheses and their use in elderly Brazilians according to the National Oral Health Survey (SBBrazil 2010): prevalence rates and associated factors. *Cad Saude Publica* (2017) 33(8):e00054016, 2017 [in Portuguese, with English summary]. doi:10.1590/0102-311X00054016
- 32. Mahajan R. The naked truth: appearance discrimination, employment and the law. *Asian Am Law J* (2007) 14:165–203. doi:10.15779/Z385P3K
- 33. Gonçalves H, Dumith SC, González DA, Menezes AMB, Araújo CLP, Hallal PC, et al. Self-reported discrimination by adolescents in a Brazilian birth cohort: prevalence and associations. *Rev Panam Salud Publica* (2013) 31: 204–10. [in Portuguese, with English summary].
- Duvernay E, Srinivasan M, Legrand LD, Herrmann FR, von Steinbüchel N, and Müller F. Dental appearance and personality trait judgment of elderly persons. *Int J Prosthodont* (2014) 27:348–54. doi:10.11607/ijp.3813
- Trivedi AN, and Ayanian JZ. Perceived discrimination and use of preventive health services. J Gen Intern Med (2006) 21:553–8. doi:10.1111/j.1525-1497. 2006.00413.x
- Silva AE, Langlois Cde O, and Feldens CA. Use of dental services and associated factors among elderly in southern Brazil. *Rev Bras Epidemiol* (2013) 16:1005–16. doi:10.1590/s1415-790x2013000400020
- Müller F, Shimazaki Y, Kahabuka F, and Schimmel M. Oral health for an ageing population: the importance of a natural dentition in older adults. *Int Dent J* (2017) 67(Suppl. 2):7–13. doi:10.1111/idj.12329
- 38. Sheiham A, Steele JG, Marcenes W, Tsakos G, Finch S, and Walls AW. Prevalence of impacts of dental and oral disorders and their effects on eating among older people; a national survey in Great Britain. *Community Dent Oral Epidemiol* (2001) 29(3):195–203. doi:10.1034/j.1600-0528.2001. 290305.x

Copyright © 2021 Bulgarelli, dos Santos, Rech, Baumgarten and Goulart. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY 4.0). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.